

| Time | Day | | | | | | |
|-----------------------------------|---|--|--|--|---|--|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Morning (07:00-12:00) | Try to understand the content, and what to expect eg. How many questions will be on the test, how long etc. | Two 45 minutes sessions studying two different topics or subjects with 15 minutes break in between. | Three 20 minutes session revising topics of weakness. Understand the application of the topic ideas. | Three 20 minutes session revising topics of weakness. Understand the application of the topic ideas. | Two 30 minutes sessions revising two previously studied topics with a short break in between. | Revise formulae that may not be in the provided formulae sheet. Write these down in notes. | Note down points and key concepts in sticky notes and flash cards. |
| Afternoon (12:00-17:00) | Identify topics of strength and weakness. | Two 30 minutes sessions revising two previously studied topics with a short break in between. | Practice searching for relevant resources and solve exercises with peers. | Two 45 minutes sessions studying two different topics with 15 minutes break in between. Understand the application of the topic ideas. | Compare notes with peers, as they may have noted down some points you forgot. | Practice searching for relevant resources and solve exercises with peers. | Note down page numbers of pages in textbooks for things you think may be asked in the exam. |
| Evening (17:00-22:00) | Review relevant definitions or examples and highlight same to make them easy to find. | Three 20 minutes session studying topics of weakness, with short breaks in between. Understand the application of the topic ideas. | Make personalized notes as an easy source of reference, based on personal understanding. Add examples and exercises. | Review formulae to understand what quantities/variables they take. Write down important formulae in notes. | Relaxation | Relaxation | Relaxation |